

Hollywood Private Hospital

Ace Inhibitors

Drug Name	Some Brand Names	Dose
Captopril	Capoten Topace Captohexal Acenorm	12.5mg, 25mg, 50mg Oral solution 5mg/mL
Enalapril	Renitec Alphapril Auspril Enahexal Amprace Enalabell	5mg, 10mg, 20mg
Ramipril	Ramace Tritace	1.25mg, 2.5mg, 5mg, 10mg
Lisinopril	Zestril Fibsol Lisinobell Prinivil Liprace Lisodur	5mg, 10mg, 20mg
Trandolapril	Odrik Gopten	0.5mg, 1mg, 2mg, 4mg
Fosinopril	Monopril Fosipril Monace	10mg, 20mg
Perindopril	Chemmart peri Gen Rx peri Terry White peri Coversyl	2mg, 4mg, 8mg
Quinapril	Accupril Filpril Acquin	5mg, 10mg, 20mg

What are ace inhibitors used for?

- To treat high blood pressure
- To protect the heart in heart failure
- To improve the heart's ability to pump following a heart attack

What do ace inhibitors do?

- They stop the production of chemicals in the body that constrict blood vessels
- Lower blood pressure
- Reduce the heart workload

When should I take ace inhibitors?

- Most may be taken without regard to meals
- Captopril should be taken before food , ideally one hour before food
- If daily dose, it must be taken the same time each day
- If more than one tablet per day, the dose needs to spread out evenly over the day
- Avoid over-the-counter painkillers containing aspirin or NSAIDs: Diclofenac (Voltaren Rapid, Diclac); Ibuprofen (Nurofen, Tri-Profen, Herron Blue, Advil, Actiprofen, Compufen, Bugesic, Panafen, Rafen); Mefenamic acid (Ponstan); or Naproxen (Naprogenic, Alleve, Nurolasts). Paracetamol may be a more suitable alternative.

Possible side effects of ace inhibitors

Occasional: if these symptoms persist then contact your doctor.

- altered taste (usually temporary)
- persistent dry cough
- light-headedness
- dizziness
- rash

Uncommon / potentially serious: report to your doctor immediately.

- swelling (in particular around the face and ankles)

Immediate medical attention important if this occurs

- kidney failure (your doctor will periodically check your kidney function)

Not All Side Effects Are Listed

PLEASE DO NOT HESITATE TO ASK YOUR DOCTOR OR PHARMACIST SHOULD YOU HAVE FURTHER QUESTIONS