

Hollywood Private Hospital

Thiazide Diuretics

Drug Name	Brand Name	Strength
Bendrofluazide	Aprinox	5mg
Indapamide	Natrilix Dapatabs Indahexal Insig Napamide Natrilix SR	2.5mg 2.5mg 2.5mg 2.5mg 2.5mg 1.5mg SR
Hydrochlorothiazide	Dichlotride	25mg
Chlorthalidone	Hygroton	25mg

What are these diuretics for?

- To assist with controlling blood pressure
- Used to reduce excess fluid in the body

What do fluid tablets do?

- Reduces the amount of fluid in the body by increasing the flow of urine
- Reduces blood pressure and the workload on the heart

When should I take fluid tablets?

- If you are taking a single dose, take it in the morning at breakfast time
- Avoid over-the-counter painkillers containing aspirin or NSAIDs: Diclofenac (Voltaren Rapid, Diclac); Ibuprofen (Nurofen, Tri-Profen, Herron Blue, Advil, Actiprofen, Compufen, Bugestic, Panafen, Rafen); Mefenamic acid (Ponstan); or Naproxen (Naprogenic, Alleve, Nurolasts).
Suggest paracetamol for minor complaints such as headache and fever.

Possible side effects of fluid tablets

- thirst, dry mouth (dehydration)
- dizziness/light headedness
- stomach/bowel upset
- low potassium levels.
- rash
- muscle cramps

An increase flow of urine can deplete the body of potassium. Your doctor will monitor this with blood tests and advise you on whether a potassium supplement is required.

Contact your doctor if these side effects occur

Not All Side Effects Are Listed

PLEASE DO NOT HESITATE TO ASK YOUR DOCTOR OR PHARMACIST SHOULD YOU HAVE FURTHER QUESTIONS